

BONUS RESOURCES

BONUS 1: THE DAILY ATTRACTION CHECKLIST

BONUS 2: THE 5-MINUTE SELF-INVESTMENT ROUTINE

BONUS 3: THE ATTRACTION BANK RULES

BONUS 4: THE 30-DAY CHALLENGE

BONUS 1

THE DAILY ATTRACTION CHECKLIST

Your Attraction Bank grows through small daily actions.

Before ending each day, ask yourself:

Did I improve myself today?

Did I bring positive energy into someone's life?

Did I communicate with honesty and confidence?

Did I protect my self-respect?

Small deposits create a valuable identity over time.

BONUS 2

THE 5-MINUTE SELF-INVESTMENT ROUTINE

Every day, spend five minutes investing in yourself.

Read something valuable.

Reflect on your goals.

Practice gratitude.

Plan your next step.

The person you become tomorrow is built by the choices you make today.

BONUS 3

THE ATTRACTION BANK RULES

Remember these principles:

Never chase what requires you to lose yourself.

Never beg for what should be freely given.

Always choose growth over approval.

Your value is built, not announced.

Protect your account.

Make better deposits.

BONUS 4

THE 30-DAY CHALLENGE

For the next 30 days:

Become more disciplined.

Become more present.

Become more confident.

Become more intentional.

Do not focus on becoming attractive.

Focus on becoming valuable.

Attraction follows value.